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(Mrs. Bonita Kuphal)
HANDBOOK OF EATING DISORDERS AND OBESITY (HARDBACK)

John Wiley and Sons Ltd, United States, 2003. Hardback. Book Condition: New. New. 256 x 188 mm. Language: English. Brand New Book. Up-to-date coverage on the assessment and treatment of eating disorders and obesity. Featuring contributions from an international group of experts, the Handbook of Eating Disorders and Obesity is a broad-based resource that explores the major classifications of eating disorders: anorexia nervosa, bulimia nervosa, and binge eating disorder. This groundbreaking reference also offers a thorough review of the area of obesity, along with a specialized focus on body image disturbances, including body dysmorphic disorder. This comprehensive handbook presents the latest information in multiple areas of research and practice, highlighting risk factors, assessment, treatment, and prevention of eating disorders and obesity. Practical guidelines for implementing treatment strategies are supplemented with insightful clinical case studies and helpful explanations illustrating real-world applications of treatment components. Special coverage in this volume addresses such timely topics as: Cosmetic surgery and cosmetic medical treatments, How the media influences eating disorders, Weight and shape concerns of boys and men, Cross-cultural aspects of eating disorders, Child sexual abuse and eating disorders, A feminist approach to eating disorders. The Handbook of Eating Disorders and Obesity offers mental health and medical professionals, as well as students, the most current information available on every aspect of this troubling and pervasive societal problem. This remarkably comprehensive and current resource will be an indispensable addition to the libraries of clinicians and scholars alike. The chapters represent a rich synthesis of the wide-ranging psychosocial and biological investigations of obesity and eating disorders, and the equally diverse approaches to their clinical management. -Michael Strober, PhD, David Geffen School of Medicine at UCLA. Editor in Chief, International Journal of Eating Disorders. This impressive handbook offers, in one volume, a fine distillation of contemporary knowledge...

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